



KEY AREAS of Student Well Being:

Nutrition: Age-specific menus at breakfast and lunch, nutrition education, exhibition cooking, culinary celebrations, kids cooking events.

Achievement: Healthy habits programs, menu messages, staff training, elementary student lesson plans, classroom activities.

Environment: Smaller carbon footprint, green cleaning, less water/energy/waste, energy management, indoor air quality, school gardens.

Community: Backpack program, summer program, Read for the Record, support for local farmers and WMBE (Women and Minority Business Enterprise) partners, STOP Hunger scholarships.

Activity: Tween and teen wellness messages, healthy tips from sports celebrities, organized wellness activities, educational materials.

Highlighted Student Well-Being Areas for May 2012	
Nutrition	Click on a "Menus" link to view the breakfast and lunch menus. Each school within our district provides All-you-Can-Eat-Salad Bars full of fresh fruits and veggies with organic produce when available and menu items that obtain reduce sugar, whole wheat and whole grain options whenever possible. In addition, Click on the "Produce Highlight of the month" to check out the new featured healthy recipe of the month to try.
Achievement	Click on the "Produce Highlight of the Month" link to view Sodexo's new "Fresh Pick" Nutrition Education Program. The Fresh Pick of the Month for May are peaches.
Environment	Our salad bars at our schools contain produce that has been purchased from local growers.
Community	Click on the "Rincon Valley Foodservice Newsletter" to become informed about this month's new menu items, current events, nutritional information, free and reduced applications, and information regarding our Nutrikids "hassle-free" paying online system, which is easy and convenient for parents.
Activity	Check out our "Activity Guides" when you click the "Menus" link which will then take you to the Produce of the Month Activity Guide link and Click to View.